

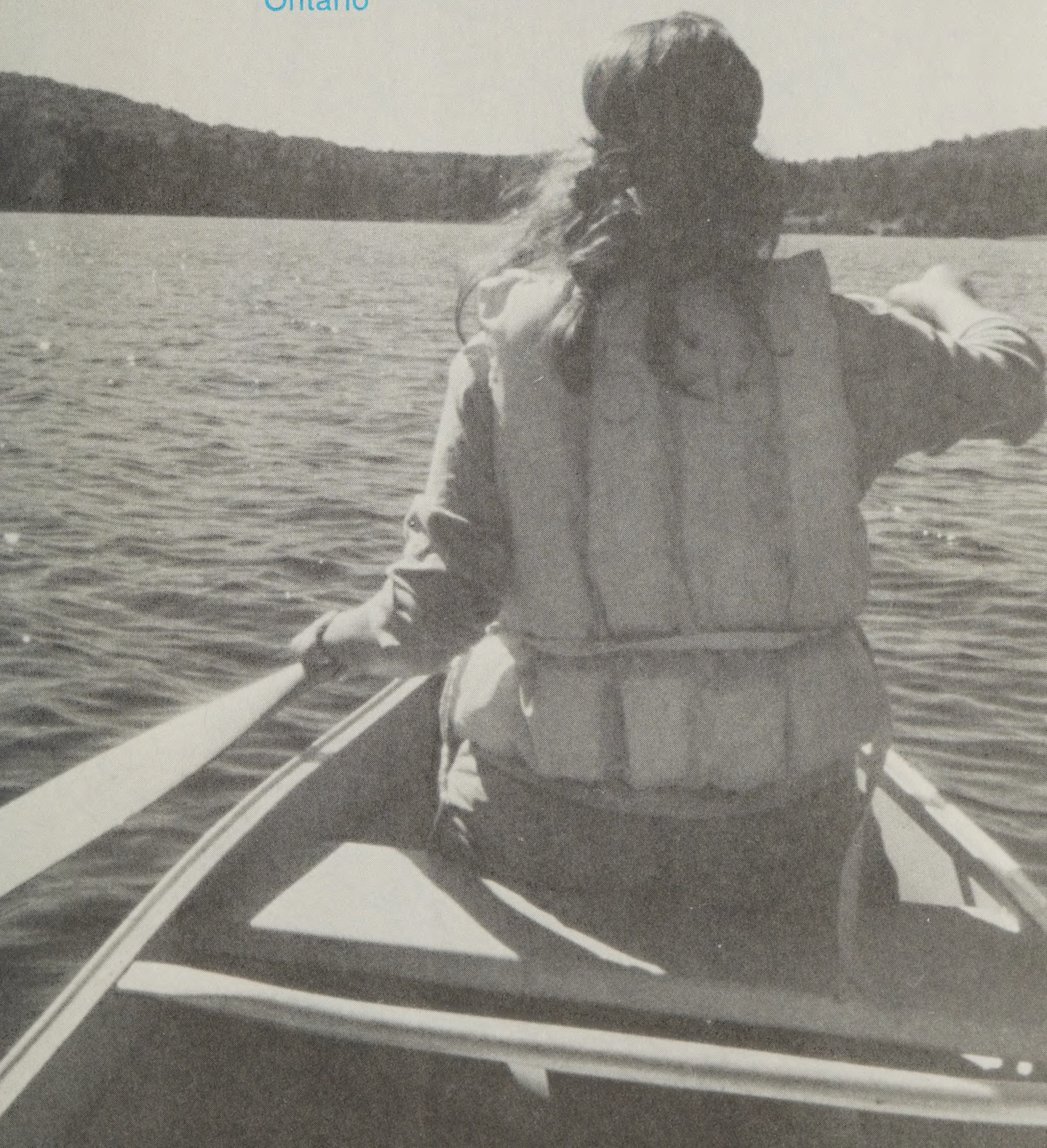
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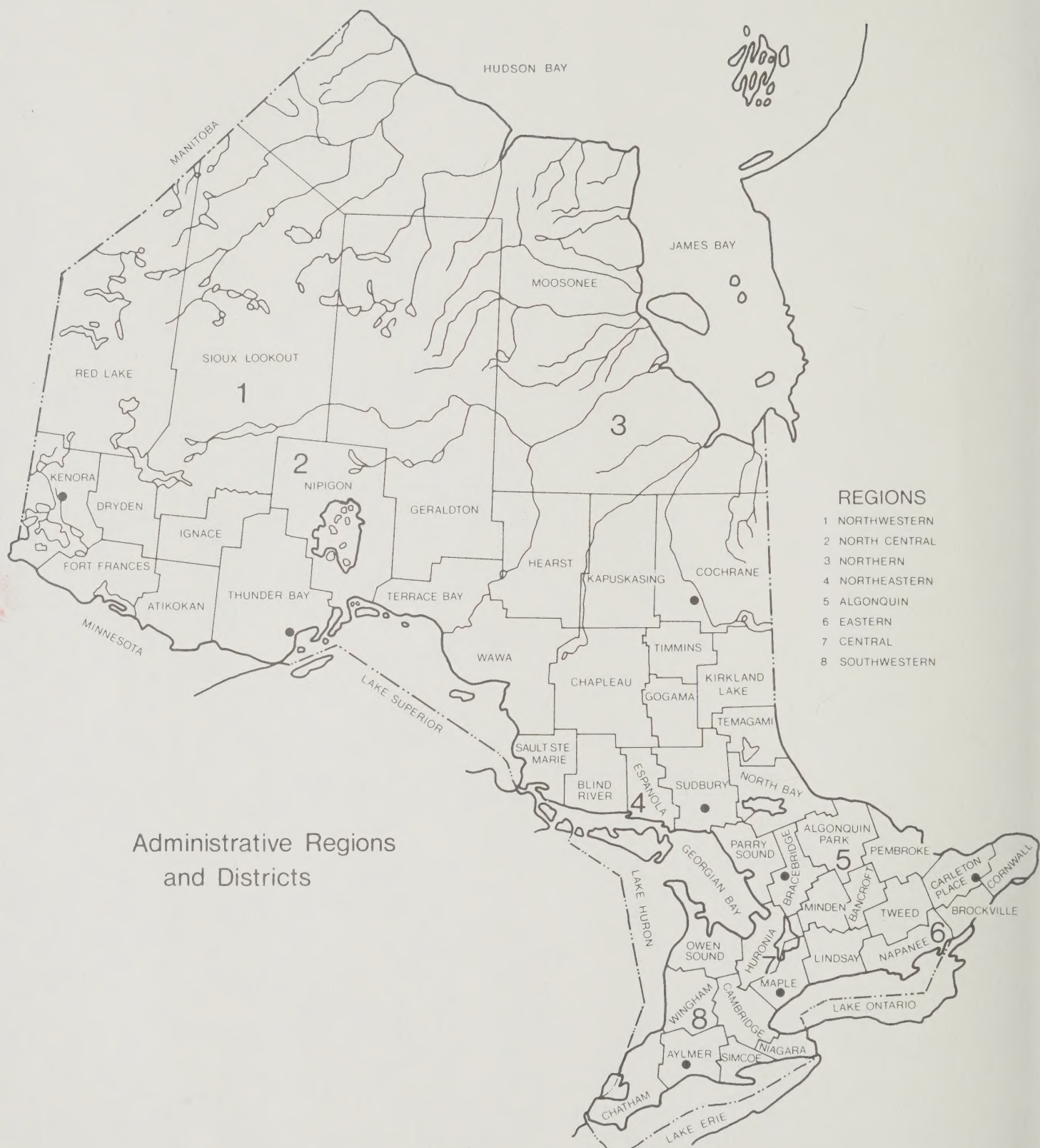
Answering Your
Questions About:

Canoeing in Ontario



Ministry of
Natural
Resources





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And:

Personal shopping: Ontario Government Bookstore,
Main Floor, 880 Bay St., Toronto,

Mail Orders: MGS Publications Services Section,
5th Floor, 880 Bay St., Toronto, Ontario M7A 1N8.

Telephone 965-6015. Toll free long distance
1-800-268-7540, in Area Code 807 dial O-Zenith 67200.

Cheques or money orders should be made payable to the
Treasurer of Ontario,
and payment must accompany order.



Answering Your Questions About Canoeing in Ontario

Graced by innumerable lakes and more than a hundred thousand kilometres of navigable rivers and streams, Ontario offers some of the best canoeing in the world. The Ministry of Natural Resources provides detailed descriptions for over 100 trips on these waters. They range from day outings on placid streams in farmland settings of southern Ontario to extended wilderness expeditions on isolated northern rivers which drain into Hudson and James Bay.

This brochure gives answers to some of the most commonly asked questions about canoeing in Ontario and provides sources for more detailed information concerning subjects ranging from outfitting services to canoe instruction.

Canoeing in Provincial Parks

1. Are all canoe routes located in provincial parks?

No, most canoe routes are outside, but eight provincial parks, Algonquin, Woodland-Caribou, Quetico, Killarney, Lake Superior, Charleston Lake, Frontenac and Lady Evelyn-Smoothwater have thousands of kilometres of routes which are based primarily on lake to lake travel. These parks offer superb canoeing through wild areas free of shoreline development and free from motor boat traffic (with the exception of a limited number of lakes in Algonquin). There are also nine parks classified as "Waterway Parks" which offer canoeing opportunities on river systems and more information concerning them is provided in the answer to question 4.

Many other provincial parks provide opportunities for short trips and several are ideal as starting and finishing points for trips extending beyond park boundaries.

2. How can I get general information about canoeing in provincial parks?

General information including reservations, outfitters, and rules and regulations may be obtained from Parks Information or any district office.*

3. How can I get detailed information about canoeing in Algonquin, Quetico, Killarney, Lake Superior and Lady Evelyn-Smoothwater Provincial Parks?

Detailed maps are available for Algonquin, Quetico, Killarney and Lake Superior from the Public Information Centre or the park involved. Routes within Lady Evelyn-Smoothwater Provincial Park are detailed in the

***Note:** The addresses and telephone numbers of information sources are presented on page 12.

Temagami District Canoe Routes Map, available only from the Ministry of Natural Resources-Temagami District Office. There is a fee for these publications, which must be submitted at the time of ordering. Payment in Canadian funds, either by cheque or money order payable to the "Treasurer of Ontario" is required when ordering. These maps are excellent for navigation and provide useful information concerning natural features and human history.

For detailed information concerning spring break-up, water levels and specific routes, it is best to contact the park directly.

4. What are "Waterway Parks" and how can I get information about them?

Waterway Parks incorporate outstanding recreational water routes with representative natural features and historical resources to provide high quality recreational and educational experiences. Due to remoteness and difficulty of travel, most of these waterways should be travelled by experienced canoe trippers only. The Waterway Parks are listed below.

Park	Information Sources
Chapleau-Nemegosenda River	Chapleau District
Larder River	Kirkland Lake District
Abitibi-De Troyes	Cochrane District
Makobe-Grays River	Temagami District or Kirkland Lake District
Mattawa River	North Bay District
Mississagi River	Blind River District or Chapleau District
Opeongo River	Bancroft District
Oxtongue River-Ragged Falls	Bracebridge District
Winisk River	Geraldton District

5. Is there a fee charged for canoe tripping in Provincial Parks?

Yes, refer to the annual **Ontario Provincial Parks Guide** for interior camping fees. Also, when camping overnight on crown land or non-operating provincial parks north of the French-Mattawa Rivers, non-residents of Canada are reminded that a camping permit is now required.

6. What facilities are available on canoe routes in provincial parks?

Ranger stations or access points providing car parking, docks, and toilets are found in Algonquin, Lake Superior, Quetico, Killarney and Frontenac, and several other Provincial Parks. In addition, you will find signed portages and marked campsites in many provincial parks.

7. Is it possible to rent canoes in provincial parks?

Algonquin has two commercial outfitters located within the park boundaries with others located in neighbouring communities surrounding the park. Quetico, Killarney, Lake Superior, Frontenac, Lady Evelyn-Smoothwater and several other parks have commercial outfitters located close by. Check with the nearest district office of the Ministry of Natural Resources for the closest outfitter or get a copy of Ontario/Canada Adventure Vacations & Activities (free) with its list of outfitters from Parks Information or Ontario Travel Information.

8. Is there any limit or quota on the number of persons who can visit interior areas of some parks?

In Algonquin, Killarney, and Quetico Provincial Parks, quota systems have been implemented to minimize overcrowding of interior areas. At each park, daily limits have been placed on the number of parties permitted through points of access to interior canoe areas. The quota systems are in effect during the following time periods only:

Algonquin: last Friday in June to first Friday in September

Killarney: all year

Quetico: January 1 to September 16

For more details contact Parks Information or the park directly.

9. Is it possible to make reservations for interior camping and canoeing?

Yes. For Algonquin, Quetico, Killarney and Frontenac Provincial Parks you can make advance reservations by mail for periods when the "quota system" is in effect. A reservation form must be completed and sent directly to the park. Reservations are recommended during peak periods in the summer. Further information and reservation applications can be obtained directly from the park or from Parks Information.

Telephone reservations are accepted.

Algonquin — (705) 633-5538;

Killarney — (705) 287-2368;

Frontenac — (613) 376-3489; and

Quetico — (807) 597-2735

10. Why is there a can and bottle ban in some provincial parks?

The can and bottle ban has been established to control litter. This regulation prohibits the use of nonburnable, disposable food and beverage containers and eating utensils within the interior of these parks. Containers designed for dehydrated foods, fuel, medicines and personal toilet articles are permitted. For more information contact the park or Parks Information.

Canoeing Outside Provincial Parks

Most routes in Ontario lie outside Provincial Parks. They are located primarily on Crown (public) land in northern Ontario, although significant stretches of privately owned shoreline may also be involved in more settled regions, especially southern Ontario routes.

Over 100 of these routes are described in *Canoe Routes of Ontario*, which is available at major Ontario bookstores as well as through the Public Information Centre.

The Ministry of Natural Resources also publishes simple route descriptions on most of these routes. No canoe route should be attempted without the proper topographic map.

11. Where can I obtain information about canoe routes in southern Ontario?

Leaflets outlining individual canoe routes in southern Ontario can be obtained from Parks Information and from Ministry district offices.

Most district offices of the Ministry of Natural Resources maintain some canoe routes within their boundaries, and brochures, as well as specific details, can be obtained directly from them. Similarly, some conservation authorities also maintain a few routes and provide brochures. Refer to the back of this publication for addresses of district offices and conservation authorities and a list of routes available in southern Ontario. Please note that the brochures must be supplemented by topographic maps.

12. Is there any charge for canoe route brochures?

Most brochures are available free of charge; however, quantities are limited and no bulk orders can be accepted.

13. Where can I obtain information about canoe routes in northern Ontario?

It is not possible to list the routes here because they are so numerous. To get information refer to the district map at the front of this publication and then contact the district nearest the area you wish to canoe. In response, the district will supply you with detailed route descriptions and other information concerning the specifics of various routes, e.g., water levels, outfitting, etc. Please note that the brochures must be supplemented by topographic maps.

14. Where can I get topographic maps?

Canoe route brochures provide a list of recommended maps for each route. The maps may be purchased occasionally from local outlets such as bookstores or you can order them from the Public Information Centre at a cost of \$3.00–\$4.00 each (plus 7% provincial sales tax for Ontario residents). A free map index and order sheet may also be obtained from the Public Information Centre.

Please submit Canadian funds and make your cheque or money order payable to the “Treasurer of Ontario”.

15. Is there a charge for canoe tripping on these routes?

There is no fee charged for canoe tripping, but under the Crown Land Camping Program a permit is required by non-residents of Canada for overnight camping on crown lands north of the French-Mattawa Rivers. For more information regarding Crown Land Camping contact any Ministry of Natural Resources district office in northern Ontario.

16. What facilities are provided on these routes?

They vary greatly. Most routes are accessible by car and most are provided with access points where canoes may be launched and cars parked. Portages are generally cleared; however, their condition may vary since blowdowns often occur during intervals between maintenance work. On some routes portage signs are provided but on most they are not, hence the requirement for map reading skills. Primitive campsites are also provided and generally consist of fire-rings and cleared tenting areas. Campsite locations are indicated on most brochures and you should restrict your camping to these designated sites. This is especially important on routes through areas which have private land holdings. If you wish to camp on private land, permission from the owner *must* be obtained. In all instances, respect landowner wishes in order to ensure future goodwill toward other canoeists.

17. What do I do about transportation back to my car at the other end of a river canoe route?

If you do not choose a circle route, you must make arrangements for your return trip before you start — either by plane, train, or by the simple solution of taking two cars and leaving one at either end. On many of the longer northern river canoe routes, planes are the only means of transportation, unless you have the time and energy to paddle both ways.

18. Where can I get information about weather and water conditions before I start my trip?

Information concerning water conditions, insects and weather can be obtained first hand at the district offices. You can also get some points on wildlife, fishing and places of interest along your chosen route.

19. Are guiding and outfitting services available for canoe trips?

Guides can add an extra measure of enjoyment and safety, particularly where remote challenging routes are involved or where individuals are uncertain of their canoeing ability. Services may vary considerably according to individual guides; however, the following list should provide a general idea of services available: rentals; complete outfitting (equipment rentals and food); custom trips where the guide arranges everything in consultation with his client; package tour-type trips of varying length and degree of difficulty; instruction in canoeing skills and outdoor activities such as photography; family trips; adventures for the skilled and hardy. Considering the cost of other types of vacations and the rewards to be realized, guided trips are a bargain and an excellent introduction to an experience which can only be provided through canoe travel in wild settings.

A list of outfitters and guides is presented in *Ontario/Canada - Adventure Vacation & Activities* which is updated annually and available free of charge. It may be obtained from Ontario Travel.

20. Is there an organization which represents the interests of canoeists in Ontario?

Canoe Ontario is a non-profit association which represents the interests of four different canoe and kayak affiliations. By contacting Canoe Ontario you can obtain the following information: canoe and kayak instruction, list of canoe and kayak clubs in Ontario, list of outfitters and manufacturers, list of camps specializing in canoe tripping, list of canoeing publications, technical information, etc.

21. What should I know about safety?

Canoeing offers great personal freedom but it also imposes a requirement for self-reliance and judgement. Although accidents and loss of life have taken place, almost all incidents could have been avoided or reduced in severity. An analysis of accidents reveals that some or all of the following factors played a role: cold water (spring or fall); inadequate canoeing skills for the situation at hand; inadequate equipment; and, above all, *errors in judgement*. The ability to assess a situation is highly important and includes: knowledge of personal ability (and others in your party) and relating it to conditions at hand; recognition of potential dangers plus the selection of the most prudent course of action. A few safety points are outlined briefly below:

- (i) If you are inexperienced, travel with a seasoned canoeist.
- (ii) Learn canoeing skills in advance of your trip. A short one or two day trip is an enjoyable way of “brushing up” and testing equipment prior to longer trips.
- (iii) Always wear your life jacket.
- (iv) Canoe close to shore. It lessens the chance of being endangered by sudden changes of weather.
- (v) Use portages. They are there for a reason. Where there is no portage always check rapids before attempting to run them. If in doubt, walk or line your canoe.
- (vi) Always leave word of your trip with a responsible person, including such details as names and addresses of persons in your party, an exact description of your route, including starting and finishing points and estimated date of return. Overdue trips should be reported to the Ontario Provincial Police as they co-ordinate search and rescue operations.

There is no substitute for knowledge and experience. Accidents result from errors in judgement regarding personal skills and water conditions. Once again, it is emphasized that you should learn your skills and gain your experience with competent and trustworthy “trippers”.

22. What should I do if I have a serious accident on a canoe trip?

In wilderness areas, help is not close at hand. This is all the more reason to exercise caution at all times and to have experience in canoe tripping. The standard SOS call in wilderness areas is a series of three signals of any kind, either audible or visible. A smudge may also be used to alert passing aircraft or an SOS signal of 3 metre letters or longer may be used. *Make plans* for such contingencies and know where help can be obtained *before* setting out.

23. What should I do about drinking water?

Drinking water should always be treated either by chemical means, such as purification tablets, iodine or Javex or by boiling. Where water is taken from beaver ponds, the only safe method of treatment is boiling for 15 minutes to kill parasitic organisms which may be present.

24. How can I avoid problems with bears and other animals?

Animals are attracted to campsites by the smell of food and garbage, therefore it is important to keep your site as clean and odor-free as possible. Keep food wrapped in plastic and, using a rope, suspend the food pack from a tree branch making sure it is at least 3 metres from the ground and 2 metres out from the trunk. The tree should be well away from your tent. Never keep food in your tent and don't clean fish in the vicinity of your campsite. If bears do appear, retreat gracefully. In all likelihood they will do likewise.

25. How can I protect myself against biting insects?

Mosquitoes and black flies will be found at most times during the canoeing season. They are at their worst in late May through June and then tend to decrease gradually in number. Your best protection is provided by dressing properly. Wear long-sleeved shirts and tuck your pant legs inside heavy wool socks or boot tops to protect your ankles. A hat provides excellent protection from deer and horse flies which occur later in the summer season. Wear light coloured clothing and avoid dark colours, especially in the blue and green range, as they tend to attract insects more than other colours. Insect repellents are also very useful and screened tents are essential for restful sleep during the mosquito season.

26. Is it permissible to construct primitive shelters out of young trees while on a wilderness canoe trip?

Removal of or damage to any plant, shrub, tree or flower within a provincial park is specifically prohibited by regulation and the practice is discouraged elsewhere. We should try to preserve these areas for future generations.

27. How should I dispose of garbage?

Pack it out! Burn all combustibles. Char and flatten non-burnable containers and pack them out with you in heavy gauge plastic bags. Please do not bury material as it can become unearthed by animals. Leave your site cleaner than you found it in order that others may enjoy their trips.

28. Do I require a licence to fish while on my canoe trip?

As of January 1987, most residents of Ontario are required to purchase either an annual licence or a short term, four day sport-fishing licence.

All Ontarians aged 18 to 64 require a licence except Status Indians fishing on their reserves or treaty areas, Senior Citizens and those with a physical disability which limits their access to fishing.

Licences may be purchased at any district office of the Ministry of Natural Resources, the Public Information Centre in Toronto, some provincial parks, most lodges, and many sporting good stores. Information on seasons and catch limits is contained in the Fishing Regulations Summary which can be obtained from the above mentioned sources.

29. May I take pistols or rifles on a canoeing trip in order to live off the land?

No. The use of firearms is regulated by *The Game and Fish Act*. Hunting licences are not valid during the months of July and August. Pistols, revolvers and fully automatic weapons are not admitted into Canada. The possession of a firearm in any area inhabited by game is prima facie evidence of hunting. Firearms include air or pellet guns, longbows and crossbows. The *Hunting Regulations Summary* provides more detailed information and is available from Ministry of Natural Resources district offices and many sporting goods stores.

30. Are there any fire regulations I should be aware of?

There are two regulations that are enforced to protect forested areas when the chance of fire reaches a dangerous level.

Restricted fire zones are sometimes declared when conditions are so dry that an open fire of any kind, no matter how well tended, would represent a real threat to the surrounding area. Once a restricted fire zone is established, the Ministry of Natural Resources marks the area by posting highly visible green and orange signs along roadways, at popular camping spots, in sport lodges, gas stations and stores. Camping, canoeing, hiking and fishing are permitted in a restricted fire zone but if you need heat for cooking or warmth, you'll have to take along a portable gas or propane stove.

Restricted travel zones are declared as a result of dangerous forest fire conditions. Movement and recreational activities are restricted in these areas and a permit to travel may be required.

Always check with the nearest office of the Ministry of Natural Resources before starting your trip in order that you are fully aware of any possible fire hazards or restrictions.

Where they are permitted, open fires should be built on bare rock or mineral soil and never left unattended. Always make sure the fire is dead out before leaving. Under the laws of Ontario, anyone convicted of starting a forest fire can be charged with the expense of fighting that fire. A lightweight camp stove is a good alternative to a campfire. These stoves are convenient to use in all weather, present a minimal fire hazard, and are much cleaner and faster than fires. Never cut live trees for firewood.

31. What should I be sure to have with me on my canoe trip?

To some extent, your selection of equipment will depend on season, length of trip and the type of canoeing water you will encounter. Consult reliable texts and experienced canoeists to tailor your equipment to meet your needs. Consider the following list only as a *minimum* for spartan overnight trips. Note that *everything* should be packed in waterproof fashion. Heavy gauge plastic bags are invaluable in this respect.

Clothing

- complete change of clothes (woollens recommended for cooler weather)
- windbreaker jacket
- sweater or sweatshirt
- brimmed hat
- two pair of shoes
- rain gear

Personal & Safety

- insect repellent
- toiletry articles
- first aid kit
- flashlight

Shelter

- sleeping bag
- tent
- tarpaulin (optional but useful)
- ground pad

Navigation

- compass
- route description
- topographic maps

Cooking

- axe or saw
- knife
- butane lighter and waterproof matchbox and matches (backup source)
- cooking-eating kit
- food
- water purification kit

Canoe

- extra paddle
- life jacket per person
- bailer
- 20 m rope (minimum)
- canoe repair kit

32. Where can I learn canoeing skills?

Organizations or Clubs for the Canoeist

Canoe Ontario is an umbrella organization which represents four affiliations: Ontario Recreational Canoeing Association; Ontario Wild Water Affiliation; Ontario Marathon Canoe Racing Association; and the Ontario Canoe Sprint Racing Affiliation. Each affiliation offers instruction in their field of canoeing and/or kayaking. By contacting Canoe Ontario you will be able to obtain: names of accredited organizations that offer ORCA certified courses, dates of ORCA instructor training events, a list of camps that specialize in canoe tripping, etc., dates of NCCP courses, white water instruction sessions, river rescue courses, etc.

Canoe Ontario
1220 Sheppard Avenue East
WILLOWDALE, Ontario M2K 2X1
(416) 495-4180

Canoe Instruction Groups

Camp Wanapiteti Wilderness Centre
393 Water #14
PETERBOROUGH, Ontario K9H 3L7
(705) 745-8314

Trail Head
1341 Wellington Street
OTTAWA, Ontario K1Y 3B8
(613) 722-4229

40 Wellington St. East
TORONTO, Ontario M5E 1C7
(416) 862-0881

Voyageur School of Canoeing
5 King Street
MILLBROOK, Ontario L0A 1G0
(705) 932-2131

Madawaska Kanu Camp Inc.
2 Tuna Court
DON MILLS, Ontario M3A 3L1
(416) 447-8845

Harbourfront Canoe School
283-A Queens Quay West
TORONTO, Ontario M5V 1A2
(416) 861-1233

Seneca College of Applied Arts
and Technology
King Campus
R.R. #3
KING CITY, Ontario L0G 1K0
(416) 833-3333

Ottawa River Kayak and Canoe School
Box #179
BEACHBURG, Ontario K0J 1C0
(613) 646-2501

Equinox Adventures
P.O. Box 161
GRAND CALUMET ISLAND,
Quebec J0X 1J0
(819) 648-2241
— May to September

5647 Yonge
Suite 609
TORONTO, Ontario M2M 4B9
(416) 222-2223

Information Sources

Algonquin Provincial Park
WHITNEY, Ontario K0J 2M0
(705) 633-5572

Killarney Provincial Park
KILLARNEY, Ontario P0M 2A0
(705) 287-2368

Lake Superior Provincial Park
P.O. Box 1160
WAWA, Ontario P0S 1K0
(705) 856-2284

Frontenac Provincial Park
Napanee District Office
NAPANEE, Ontario K7R 3S3
(613) 354-2173

Ontario Government Bookstore
880 Bay Street
TORONTO, Ontario M5S 1Z8
(416) 965-2054

Woodland Caribou Provincial Park
Red Lake District Office
P.O. Box 5003
RED LAKE, Ontario P0V 2M0
(807) 727-2253

Ontario Travel Information
77 Bloor Street West, 9th Floor
TORONTO, Ontario M7A 2E1
(416) 965-4008

Public Information Centre
and
Parks Information
Whitney Block, Room 1640
TORONTO, Ontario M7A 1W3
(416) 965-3081

Quetico Provincial Park
NYM LAKE, Ontario P0T 1C0
(807) 597-2733

Canoe Ontario
1220 Sheppard Avenue East
WILLOWDALE, Ontario M2K 2X1
(416) 495-4180

Administrative Districts — Ontario Ministry of Natural Resources

Regional Offices

Northwestern Regional Office
Ministry of Natural Resources
Box 5160, 810 Robertson Street
KENORA, Ontario P9N 3X9
(807) 468-3111

Northern Regional Office
Ministry of Natural Resources
Box 3000, 140 Fourth Avenue
COCHRANE, Ontario P0L 1C0
(705) 272-7041

Algonquin Regional Office
Ministry of Natural Resources
Brendale Square, Box 9000
HUNTSVILLE, Ontario P0A 1K0
(705) 789-9611

Central Regional Office
Ministry of Natural Resources
10670 Yonge Street
RICHMOND HILL, Ontario L4C 3C9
(416) 884-9203

North Central Regional Office
Ministry of Natural Resources
435 James Street S., P.O. Box 5000
THUNDER BAY “F”, Ontario P7C 5G6
(807) 475-1281

Northeastern Regional Office
Ministry of Natural Resources
199 Larch Street
SUDBURY, Ontario P3E 5P9
(705) 675-4120

Eastern Regional Office
Ministry of Natural Resources
Provincial Government Bldg.
KEMPTVILLE, Ontario K0G 1J0
(613) 258-3413

Southwestern Regional Office
Ministry of Natural Resources
659 Exeter Road (Highway 135), P.O. Box 5463
LONDON, Ontario N6A 4L6
(519) 661-2800

Algonquin Region

Bancroft District
Box 500
BANCROFT, Ontario K0L 1C0
(613) 332-3940

Parry Sound District
4 Miller Street
PARRY SOUND, Ontario P2A 1S8
(705) 746-4201

Algonquin Park District
Box 219
WHITNEY, Ontario K0J 2M0
(613) 637-2780

Minden District
MINDEN, Ontario K0M 2K0
(705) 286-1521

Pembroke District
Box 220, Riverside Drive
PEMBROKE, Ontario K8A 6X4
(613) 732-3661

Bracebridge District
Box 1138
BRACEBRIDGE, Ontario P0B 1C0
(705) 645-8747

Eastern Region

Brockville District
Box 605, Oxford Avenue
BROCKVILLE, Ontario K6V 5Y8
(613) 342-8524

Cornwall District
113 Amelia Street, Box 1749
CORNWALL, Ontario K6H 5V7
(613) 933-1774

Carleton Place District
10 Findlay Avenue
CARLETON PLACE, Ontario K7C 3Z6
(613) 257-5735

Tweed District
255 Metcalf Street, P.O. Box 70
TWEED, Ontario K0K 3J0
(613) 478-2330

Napanee District
1 Richmond Blvd.
NAPANEE, Ontario K7R 3S3
(613) 354-2173

Central Region

Cambridge District
P.O. Box 2186
Beaverdale Road
CAMBRIDGE, Ontario N3C 2W1
(519) 658-9355

Lindsay District
Ontario Government Building
322 Kent Street West
LINDSAY, Ontario K9V 4T7
(705) 324-6121

Huron District
MIDHURST, Ontario L0L 1X0
(705) 728-2900

Niagara District
Highway 20, Box 1070
FONTHILL, Ontario L0S 1E0
(416) 892-2656

Maple District
10401 Dufferin Street
MAPLE, Ontario L0J 1E0
(416) 832-2761

Southwestern Region

Aylmer District
353 Talbot St. West
AYLMER, Ontario N5H 2S8
(519) 773-9241

Owen Sound District
611-9th Avenue East
OWEN SOUND, Ontario N4K 3E4
(519) 376-3860

Wingham District
R.R. #5
WINGHAM, Ontario N0G 2W0
(519) 357-3131

Chatham District
Kent County Municipal Bldg.
435 Grand Avenue West, Box 1168
CHATHAM, Ontario N7M 5L8
(519) 354-7340

Simcoe District
P.O. Box 706
548 Queensway West (Highway 3)
SIMCOE, Ontario N3Y 4T2
(519) 426-7650

Northwestern Region

Dryden District
P.O. Box 730
DRYDEN, Ontario P8N 2Z4
(807) 223-3341
Fort Frances District
922 Scott Street
FORT FRANCES, Ontario P9A 1J4
(807) 274-5337
Ignace District
Box 448
IGNACE, Ontario P0T 1T0
(807) 934-2233

Red Lake District
P.O. Box 5003
RED LAKE, Ontario P0V 2M0
(807) 727-2253
Kenora District
Box 5080, 808 Robertson St.
KENORA, Ontario P9N 3X9
(807) 468-9841
Sioux Lookout District
Box 309
SIOUX LOOKOUT, Ontario P0V 2T0
(807) 737-1140

North Central Region

Atikokan District
108 Saturn Avenue
ATIKOKAN, Ontario P0T 1C0
(807) 597-6971
Nipigon District
Box 970
NIPIGON, Ontario P0T 2J0
(807) 887-2120
Thunder Bay District
Ontario Government Building
435 James St. South, Box 5000
THUNDER BAY, "F", Ontario P7C 5G6
(807) 475-1471

Geraldton District
Box 640
GERALDTON, Ontario P0T 1M0
(807) 854-1030
Terrace Bay District
Box 280
TERRACE BAY, Ontario P0T 2W0
(807) 825-3205

Northern Region

Chapleau District
190 Cherry Street
CHAPLEAU, Ontario P0M 1K0
(705) 864-1710
Gogama District
P.O. Box 129
GOGAMA, Ontario P0M 1W0
(705) 894-2000
Kapuskasing District
6 Government Road
KAPUSKASING, Ontario P5N 2W4
(705) 335-6191

Moosonee District
Box 190
MOOSONEE, Ontario P0L 1Y0
(705) 336-2987
Cochrane District
2 Third Avenue, Box 730
COCHRANE, Ontario P0L 1C0
(705) 272-4365
Hearst District
Box 670
HEARST, Ontario P0L 1N0
(705) 362-4346

Kirkland Lake District
Box 129
SWASTIKA, Ontario P0K 1T0
(705) 642-3222

Northeastern Region

Blind River District
62 Queen Street, Box 190
BLIND RIVER, Ontario P0R 1B0
(705) 356-2234

Espanola District
Box 1340
148 Fleming Street
ESPANOLA, Ontario P0P 1C0
(705) 869-1330

Sudbury District
Box 3500, Station "A"
SUDBURY, Ontario P3A 4S2
(705) 522-7823

Wawa District
Highway 101
Box 1160
WAWA, Ontario P0S 1K0
(705) 856-2396

List of Conservation Authorities

Grand River
Box 729, 400 Clyde Road
CAMBRIDGE, Ontario N1R 5W6
(519) 621-2761

Grey-Sauble
R.R. #4
OWEN SOUND, Ontario N4K 5N6
(519) 376-3076

Lower Thames Valley
100 Thames Street
CHATHAM, Ontario N7L 2Y8
(519) 354-7310

Timmins District
896 Riverside Drive
TIMMINS, Ontario P4N 3W2
(705) 267-7951

North Bay District
Box 3070
NORTH BAY, Ontario P1B 8K7
(705) 474-5550

Sault Ste. Marie District
875 Queen Street East
P.O. Box 130
SAULT STE. MARIE, Ontario P6A 5L5
(705) 949-1231

Temagami District
Box 38, Lakeshore Drive
TEMAGAMI, Ontario P0H 2H0
(705) 569-3622

Mississippi Valley
P.O. Box 268
LANARK, Ontario K0G 1K0
(613) 259-2421

Otonabee Region
727 Lansdowne St. West
PETERBOROUGH, Ontario K9J 1Z2
(705) 745-5791

Saugeen Valley
R.R. #1
HANOVER, Ontario M4N 3B8
(519) 364-1255

Suggested Reading

There are hundreds of books in print concerning canoeing. Some noteworthy publications related primarily to canoe tripping are listed below.

C.E.S. Franks, *The Canoe and White Water* (Toronto: University of Toronto Press, 1978, 237 pp).

- an excellent presentation of canoe history, whitewater technique, river travel and tripping, the basis for any library and topped off with a well selected annotated bibliography for those who would read further.

James W. Davidson and John Ruge, *The Complete Wilderness Paddler* (New York: Knopf, 1976, 259 pp).

- many useful insights for tripping and a thorough discussion of planning for “uncharted” routes, based on an expedition to northern Quebec, entertaining too.

Bill Riviere, *Pole, Paddle and Portage* (New York: Van Nostrand Reinhold, 1969, 259 pp).

- a complete stem to stern compendium of tripping information by a seasoned Maine guide whose observations are applicable to Ontario, particularly interesting sections concerning weather forecasting and poling technique.

G. Heberton Evans, *Canoeing Wilderness Waters* (New York: Barnes, 1976, 211 pp).

- good coverage of wilderness river tripping with information about repair of canvas-covered boats among other things.

Calvin Rutstrum, *North American Canoe Country* (New York: MacMillan, 1965, 216 pp).

- written by an “old hand” this publication reflects years of experience and refers frequently to wilderness canoeing in northern Manitoba and Ontario.

Allan Watts, *Instant Weather Forecasting in Canada* (New York: Dodd, Mead and Company, 1978, 64 pp).

- an author whose writings are esteemed highly by sailors and outdoorsmen the world over, he equips you with knowledge to outforecast the weather office and to answer the perennial question, “When will it rain?”, perhaps best read with an introductory weather text for those who are unfamiliar with weather forecasting.

Colin Fletcher, *The New Complete Walker* 2nd edition (New York: Knopf, 1974, 470 pp).

- encyclopedic in scope, its coverage of backpacking gear, techniques and food, etc., is something thoughtful canoeists should read, first class.

Bill Mason, *Path of the Paddle* (Toronto: Van Nostrand Reinhold Ltd., 1980, 200 pp).

- the author combines lively text with over 650 photographs and diagrams to present every important aspect of the subject — equipment, basic and advanced techniques, whitewater canoeing, how to read water conditions, how to anticipate problems, safety measures, and much more. Throughout the book he frequently recounts fascinating experiences he has had while canoeing.

Available Canoe Route Descriptions for Southern Ontario*

NAME OF BROCHURE	MINISTRY OF NATURAL RESOURCES DISTRICT	GEOGRAPHIC LOCATION	LENGTH (Km)	LENGTH (Time)	LOOP	NO. OF PORTAGES	LONGEST PORTAGE	WHITE WATER
CANOE THE BAYFIELD RIVER	Wingham District	Southwestern Ontario	40	1 day		0		some sections
BEAVER RIVER CANOE ROUTE	Owen Sound District or Grey-Sauble C.A.	Southwestern Ontario	20	4 hours		3	bypassing log jams	
DOKIS CANOE ROUTE	North Bay District	Parry Sound	90	5-6 days	loop	22	1.2 km	
FRENCH RIVER CANOE ROUTE	North Bay District	Parry Sound	77	5-7 days		7	300 m	yes
GULL RIVER CANOE ROUTE	Minden District	Haliburton	variable	3 days	loop	54	2050 m	some sections
INDIAN RIVER CANOE ROUTE	Otonabee Regional Conservation Authority	Peterborough	42	2 days		depends on water level	450 m	
KISHKEBUS CANOE ROUTE	Napanee District	Southeastern Ontario	21	1 day	loop	4	1.5 km	
MAGNETAWAN RIVER CANOE ROUTE	Parry Sound District	Parry Sound	120	4 to 7 days	loop	18	2.4 km	
CANOE THE MAITLAND RIVER	Wingham District	Southwestern Ontario	72	2 to 3 days		1	1,200 m	last section
CANOEING THE NOTTAWASAGA	Huron District	Simcoe District	120	3 days		5		
MATTAWA RIVER PROVINCIAL PARK	North Bay District	North Bay	64	2 to 3 days		11	347 m	yes
CANOE MUSKOKA - HALIBURTON South Branch Muskoka	Bracebridge District	Muskoka	42	2 days		11	800 m	
Wildcat Route	Bracebridge District	Muskoka	43	3-4 days	loop	18	2.8 km	
Black Lake	Bracebridge District	Muskoka	22	2 days	loop	11	1.5 km	

NAME OF BROCHURE	MINISTRY OF NATURAL RESOURCES DISTRICT	GEOGRAPHIC LOCATION	LENGTH (Km)	LENGTH (Time)	LOOP	NO OF PORTAGES	LONGEST PORTAGE	WHITE WATER
MISSISSIPPI RIVER CANOE ROUTE	Napanee District	Eastern Ontario	104	5 days	loop	13	1.4 km	yes
NORTH KAWARTHA CANOE ROUTE Mississauga Lake to Buckhorn	Minden District	South Central Ontario	16	8 hours	can be loop	16	396 m	
Long Lake to Stoney Lake	Minden District	South Central Ontario	48	1-2 days		14	990 m	
Long Lake to Cox Lake	Minden District	South Central Ontario	16	6 hours		10	1,525 m	
Catchacoma Lake to Sucker Lake	Minden District	South Central Ontario	13	3 hours		2	180 m	
PICKEREL AND WOLF RIVER CANOE ROUTES Wolf and Pickerel River	Parry Sound District	Parry Sound	51	3 days	loop	1	130 m	
Pickerel River	Parry Sound District	Parry Sound	62	4 days	loop	11	445 m	
POKER LAKE	Minden District	Haliburton	17	1-2 days	loop	9	325 m	
RANKIN RIVER CANOE ROUTE	Owen Sound District or Grey-Sauble C.A.	Southwestern Ontario	18	6 hours		3	bypassing dams & rapids	
RESTOULE UPPER FRENCH	North Bay District	Parry Sound	72	4-6 days	loop	14	900 m	
SAUGEEN RIVER CANOE ROUTE	Owen Sound District or Saugeen Valley C.A.	Southwestern Ontario	92	2-3 days		3	100 m	some in spring
SOUTH GEORGIAN BAY CANOE ROUTES Moon River-Smoked Pickerel	Parry Sound District	Muskoka	150	3-7 days	loop	30	1,100 m	
Gibson-MacDonald	Parry Sound District	Muskoka	56	3 days	loop	9	1,500 m	
TACKLE THE THAMES	Lower Thames Conservation Authority	Southwestern Ontario	174	6-8 days		0	one section	

*CONTACT APPROPRIATE M.N.R. DISTRICT OFFICE OR CONSERVATION AUTHORITY ADDRESSES LISTED ON PAGE 13.

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